# Saddles In Service

# September, 2020

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We are so excited to share our first Saddles in Service Newsletter. We are certain you will enjoy reading all of the happenings on the ranch!

# A Message From Tammy Our CEO



### **Random Horse Facts**

Horses' ears can move 180 degrees using 10 different muscles (compared to three muscles for the human ear) and are able to single out a specific area to listen to. This allows the horse to orient itself toward the sounds to be able to determine what is making the noise!





# Healing; it's what we see and experience every day at the ranch!

This year has definitely brought uncertainty into the lives of many people as we are learning to live with a new "normal." As we all navigate through this year, I want to bring attention to the problems facing our veterans. Many of the resources that our veterans relied on are not available to them because of Covid 19. So many of our veterans are struggling with increased depression. Because of our commitment to our Nation's Heroes we have decided to continue serving our veterans and first responders with safety precautions in place. We started Saddles In Service in order to bring wellness and healing to our Heroes by partnering them with a rescued horse. It is imperative that we continue to offer our program to as many of our Heroes as we can. Since the beginning of Covid 19, we have received a record number of applications to start our program. At this time we have almost tripled the number of Heroes we serve each week. We want to thank all of our Donors for their much needed support of our Heroes and Horses. Without you we could not continue to do the work that is greatly needed. Thank you!

I am excited to introduce you to three new members of our SIS team! Holly Sanchez has accepted the role of Chief Operations Officer and Donna Sinema has accepted the role of Chief Communications Officer! Both of these talented women are also military spouses. They both bring a wealth of business as well as horsemanship experience to SIS. Ken Lutz has accepted the role of Chief of Staff. He brings a wealth of business experience with him to the team. I am so thankful to have Holly, Donna and Ken part of our SIS team! It is truly amazing to have people with such talent accept these positions as true volunteers. SIS has NO paid employees.

We also have some exciting news regarding our Heroes and Horses! Some of our heroes have moved up to the advanced horsemanship group. Our wranglers and ranch hands have been instrumental in helping our heroes get to this level. We are so very proud of our volunteers and our Heroes! We have also been preparing our horses for trail rides off the property. Because the majority of our horses are rescues, we don't know how they will do on trails. So our wranglers have been trailering the horses to local trails and are preparing them to be great trail horses for our heroes. I can't wait to see what the future holds as our heroes continue their horsemanship journey.

I hope to see you all at the ranch!

# Horse Spotlight

# We want to spotlight our first two rescues,



### Thor

Thor is a stunning quarter horse. He was abandoned and found wandering in the East County of San Diego. He was picked up by animal control and no one claimed him!

Thor and Captain!

The love and respect they are receiving every day from all of us at SIS has allowed these two horses to love and trust humans again!



# Captain

Captain is a beautiful Thoroughbred who had been confiscated from a neglectful situation. He was 400 lbs. underweight, he was lame and malnourished. He and Thor were the last two horses at the humane society. But I can guarantee you they were the best horses we could have rescued.



# SIS Team Highlight

#### Holly Sanchez COO & Wrangler

I first heard about Saddles In Service from my brother-in-law, Oscar Sanchez who attended a fundraiser Gala to benefit the program. Everything Oscar shared about SIS captured my interest and I decided to take a volunteer tour to learn more about the mission and vision of the program. Once at the ranch, I was sold! I know Saddles In Service was a perfect fit and the place for me to be.

As a military spouse, it has been easy to bond with the Heroes. I believe it gives me the ability to understand and see things from their perspective.

I have also been an avid equestrian my entire life. I know firsthand the healing power that the horse harnesses. I have personally been brought through some of my darkest hours by spending time with my horses.

I am convinced that what we do at Saddles In Service is extremely important work. These animals have the ability to heal wounds that we as humans cannot.

Along with being the COO at SIS, I am also a Wrangler and will continue to serve our Heroes in this role because I believe in the mission and will work to ensure that our mission is complete. Even if that means the mission will never end.

#### Donna Sinema CCO & Wrangler

I was introduced to Saddles In Service through a friend. I couldn't wait to visit, take the tour and discover where I could get plugged in.



Before my husband and I even parked the car that day, we knew we needed to be a part of this program. After spending time with Tammy, we were sold and chomping at the bit to get started.

As a Navy spouse and as someone who has personally navigated dark, raging seas, I know deep within my soul that this program is the perfect tool to bring healing and purpose to both the Hero and the horse.

My experience with these majestic animals started with the birth of my first child. I had the honor of learning alongside of her and was able to be a part of the evolution of an equestrian expert.

I have witnessed the impact horses can have on an individual and have seen the beautiful bond that once formed, becomes unbreakable. From the first moment when a Hero meets a horse, a symphony is being written and we all get to sit back and listen as the melody and harmonies meld in to an exquisite sound that makes the heavens echo.

# CALL TO ACTION!!

You have helped to make a difference at Saddles in Service. Thank you!



# On The Horizon...

SIS has some exciting events on the horizon that will provide opportunities for you to be involved in a wide variety of arenas.

Here at SIS, we completely understand the financial impact of the global pandemic and wanted to give everyone with a heart to help our Heroes and horses a way for them to be a part of what we do!

Click here to contribute: **DONATE** 

#### amazon smile

AmazonSmile will donate 0.5% of your eligible purchases to Saddles In Service once you select us! To get started, go to <u>smile.amazon.com</u>, select Saddles In Service as your charitable organization to receive donations before you begin shopping. Once you do, every eligible purchase you make through AmazonSmile will result in a donation to our program!

## SIS Wish List

#### Want to do more?

The items below can be purchased/donated and allow us to continue to help our Heroes!!

- Leather Tools and Supplies
- Ranch Roping Equipment
- Knives
- Camping Equipment
- Sleeping Bags
- Tents
- Garmin In-Reach GPS
- Riding Gloves (all sizes)
- Sunscreen
- Food, Drinks & Water
- Saddle Bags
- Custom Saddles
- Training Sticks
- Training Lunge Lines
- Training Halters (incl. Draft Sizes)
- Fly Masks
- Feed Bags
- Split Reins
- EquiVibe Plate
- Heel-O-Matic "The Trainer"
- 5 Apple Computers
- Business Quality Printer
- Two 8-Horse Mare Motels
- Bobcat
- Covered Area/Building
- 2 Diesel Duallies
- 2 4-Horse Stock Trailers
- Tractor
- Quad
- Magna Wave PEMF Machine
- 4+ Seat ATV Transporter

See our <u>website</u> for other ways to help SIS or to sponsor a horse!



### Saddle Talk

Check out our new video series on the Saddles In Service YouTube channel. You can find us here: <u>Saddles In Service</u> Tammy and members of the SIS team will get together and discuss any and all topics related to our program. Tips will also be provided on how to make your own private world #RanchyAF



Help us spread the word about Saddles In Service!!

Know a Hero? Send them our way! Have horse experience and want to give back to our Heroes? We would love to meet you!

Check us out and invite your family and friends to do the same!!!



We would love to hear from you!

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